

Let God do it all



Stillness.

Silence.

You don't have to say anything.
You don't have to do anything.
You don't have to think anything
– let alone think about anything in
particular.
You don't have to stop thinking, either
– that would be difficult!

It's not meant to be difficult,
because it's simply resting in God's love,
and it's letting God do for you
what you cannot always do for yourself,
and what you will never do as well as he.

The Spirit intercedes for the saints.
So let him pray for those you love,
and for you.

Just sit there and let God do it all.

Trust.

Surrender.

Rest in God,
in his loving arms.

Stillness.

Silence.

Be.

Let God do.

Let God do it all.

Enjoy his loving embrace.

Enjoy God.

Enjoy!